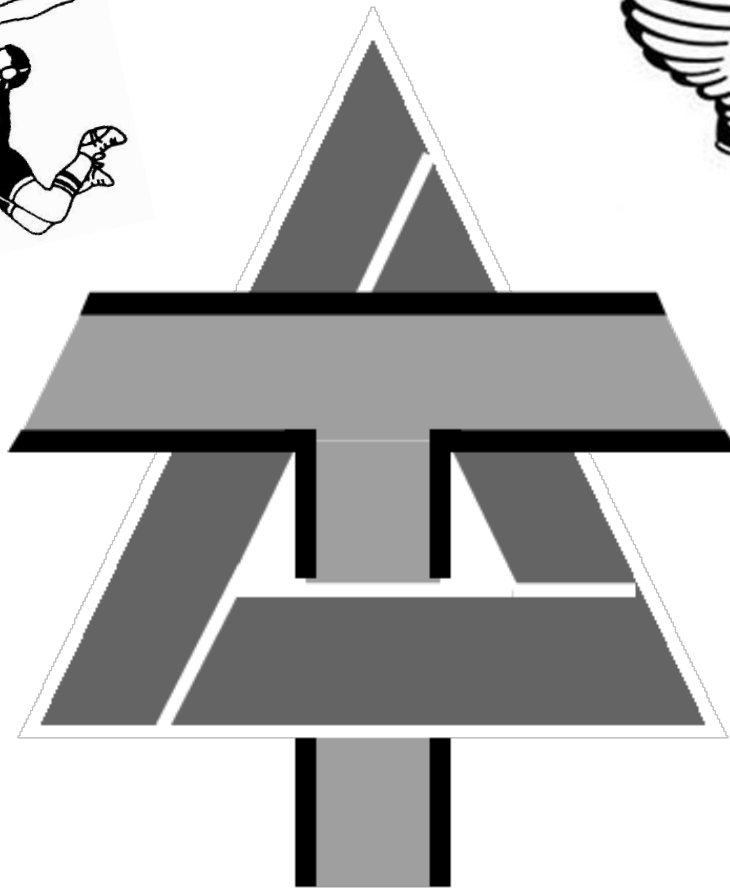


Triangle Lake Charter School

Athletic Handbook 6-12



2019-20

Sports and Staff

Athletic Director/Assistant Principal	Tony Wynn	twynn@blachly.k12.or.us
Principal/Superintendent	Rilke Klingsporn	rklingsporn@blachly.k12.or.us

Sports offered during the 2018-2019 school year at Triangle Lake Charter School:

High School (grades 9 - 12) -

Sport	Head Coach
Football *	John Luther
Volleyball *	Bri Simington
Cross Country	Paige Wynn
Boys Basketball *	Ernie Jacksh
Girls Basketball *	Open
Track	Open

* Junior varsity teams: 11 needed for assistant coach

High school varsity schedules and state playoff information are available at www.osaa.org.

Middle School (grades 6 - 8) -

Sport	Coach
Football	Chris Ellis
Volleyball	Summer Martin
Boys Basketball	Open
Girls Basketball	Open
Track	Open

Introduction

Athletics and other co-curricular and extra-curricular activities, including student leadership, are an important part of the educational process. Activities are offered to students to keep them involved in educational programs and to help them become successful. In order to demonstrate the ideals of good leadership and sportsmanship, and respect for rules and authority; in order to establish team and school pride, teamwork, and team discipline; in order to eliminate disruptive influences in the locker room, on training fields, on the playing field, and on trips both on and off school grounds; and in order to provide conditions which promote health and safety for the individual unit and opponents, the following principles are adopted:

For purposes of this handbook, students involved in athletics, co-curricular activities, and extra-curricular activities, including student leadership, shall be referred to as “student” or “participant”.

Participants are required to comply with the Participation Policy: (1) during the entire school year (beginning on the first day of practice of a Fall Sport or the first day of school, whichever is earliest, through the last day of school), (2) both on- and off-campus, and (3) at all times. Any participant who transfers from one school district to another school district will maintain his or her cumulative offense status regarding tobacco, alcohol, or controlled substances violations.

In addition to District policies, rules, and regulations, all participants must comply with OSAA rules and regulations.

Academic Eligibility

OSAA Academic Requirements:

Participants must be enrolled in, regularly attending, and passing at least five (5) classes each marking period, and must have been enrolled in and passing at least five (5) classes in the previous marking period. Further, the participant must be making satisfactory progress towards graduation as defined by the OSAA. For example: TLCS's requirement of 25 credits for graduation, satisfactory progress is 4.5 credits prior to year 2, 10.5 credits prior to year 3, and 17.5 credits prior to year 4. Home schooled students shall refer to OSAA's handbook for minimum academic requirements.

Triangle Lake Charter School Academic Requirements

Trimester marking period and weekly eligibility:

- A. Trimester marking period-- When marking period (trimester) grades are posted, students who did not pass a class (earned an “F”) or have two or more “D”s will not be allowed to participate in athletic contests for 2.5 weeks beginning the first day of practice. Students who are ineligible may not travel with the team, but are expected to practice as normal. Ineligible students may attend home contests but may not dress down or participate.

Weekly eligibility checks for all athletes

- A. Athletic eligibility will be checked on the second working day each week during the entire sport season. Students cannot participate for the period of one week if they have two or more “D”s or an “F” if they've used their once per season probation (warning). Students will be notified when they are probation or disqualified from participation. If, on the following Tuesday the student meets minimum eligibility requirements they may once again compete.
- B. Students may not repeat a probation during a season.

C. Students on an Individual Educational Program (IEP) may be deemed eligible by administration/athletic administration if the student is making adequate progress towards meeting the IEP goals and objectives.

D. Weekly eligibility will apply following probation (warning) and ineligibility and the trimester marking period.

Conduct

Involvement in athletics, co-curricular activities, and extra-curricular activities is a privilege. As a member of a school team, participants are expected to conduct themselves responsibly and with sportsmanship on campus, in the community, and at other schools.

Misconduct shall result in discipline where: (a) the violation has been observed by a member of staff; (b) the offender has been cited by a law enforcement official, or (c) the violation is determined to be founded after investigation by a District official. This discipline will be in addition to any disciplinary action in the regular educational setting. Disciplinary action in the regular educational setting shall be grounds for misconduct/disciplinary action under this Participation Policy.

Potentially criminal conduct, including theft, vandalism, fighting, menacing, or other activity that endangers the health, welfare, or property of others, will not be tolerated. The severity of any criminal conduct can result in a greater penalty at the discretion of the District.

First Offense: A participant's first offense shall result in immediate suspension from participation; the participant may be reinstated following a conference with the Head Coach/Advisor, Building Principal, Activities/Athletic Director, and Parents, and imposition of a suspension and other appropriate conditions (counseling, community service, restitution, etc).

Second Offense: A participant's second offense shall result in suspension for twenty school days or the balance of the season, whichever is longer.

Third Offense: A participant's third offense shall result in suspension from participation for ninety (90) school days or the balance of the school year, whichever is longer.

Other misconduct such as unsportsmanship, disruptive behavior, or other conduct unbecoming of a school ambassador shall be subject to discipline (including suspension or removal) at the discretion of the Head Coach/Advisor, Building Principal, and Activities/Athletic Director.

Participants are expected to be positive role models, and to demonstrate sportsmanship in the following ways: (a) treat opponents and spectators with respect, (b) not use profanity, (c) exercise self-control and accept and abide by coaches' and officials' decisions, (d) accept victory and defeat with pride, dignity, and compassion, (e) accept seriously the responsibility and privilege of representing the school and community, and (f) congratulate opponents in a sincere manner following the contest.

Standards of Conduct for Athletic/Activity Participation

To be eligible to participate in practices and contests a student **shall not**:

- Use tobacco in any form.
- Eat, drink, inhale, or smoke any type of drug (alcohol is a drug) not prescribed by a doctor.
- Demonstrate characteristics that do not keep within the accepted standards of good citizenship, i.e. flagrant swearing, lying, cheating, stealing, etc.
- Be present at any function where alcohol, drugs, or tobacco are being used in an unlawful manner. If at a function where the student discovers the presence of alcohol, drugs, or tobacco, they must leave immediately.

Any violation of published school rules which results in school suspension of the student may result in one week of program ineligibility after the student returns from the school suspension. A second offense, which results in school suspension of the student, may result in program ineligibility for two weeks, and begins from the time of return from the school suspension. No student shall practice or participate while he/she is suspended from school.

The head coach or advisor/teacher in each program may set additional standards to be followed by members participating in his/her program, such as curfew, dress standards, etc. These standards will be published. If a head coach or advisor/teacher establishes extensive additional expectations they must be written and prior administrative approval is required.

In any one school year, a student planning on participating in any one of the various programs available under the Triangle Lake Activities Program is expected to adhere to the standards of conduct at all times prior to and during his/her program or activity.

Training Rules

The coach must be contacted and authorize any absence from a regularly scheduled practice. The first unauthorized absence may result in ineligibility for the next scheduled contest. The second unauthorized absence may result in significant loss of playing time for the next contest and possibly multiple contests. An additional incident may result in suspension from the team for the remainder of the season. Athletes must attend 70% of practices **during** the season to be eligible to participate in contests. Absence for any reason is figured into this percentage, and ineligibility can be invoked any time attendance falls below 70%.

Any player who is ineligible will not travel to or attend away contests. Ineligible students may attend home contests but may not dress down or participate.

Participation

No participant will be allowed to participate in a sport or activity until all previously issued equipment in a prior sport or activity has been returned or restitution made.

A participant may voluntarily drop out of a sport or activity in season during the first two weeks of the season without eliminating him or herself from supervised conditioning, weight training, or another sport or activity. A participant who drops out of a sport or activity in season after the first two weeks of official practice will not be allowed to participate in any other supervised athletic, co-curricular, or extra-curricular activity during the regular season without the agreement of both Head Coaches/Advisors and the Activities/Athletic Director.

Pay to Play Fees

To be eligible to participate in extracurricular activities all students must pay the established Pay for Participate sports fee before participating in their first contest.

- High School - \$75 per sport per year(\$37.50 for the 2019-20 school year)
- Middle School - \$60 per sport per year (\$30.00 for the 2019-20 school year)
- Family (immediate only) Cap - \$350 per school year (\$225.00 for the 2019-20 school year)

Attendance

To be eligible to practice or to compete a student must attend the ENTIRE school day the date of the activity. Exceptions:

- Absence due to an approved school function.
- Prearranged absences with paperwork completed and on file prior to the absence.
- Emergency absence due to illness/death in the family.
- Any other absence not mentioned above will not be considered unless prior approval has been obtained from the administration (Prearranged Absence Form).

In all cases of absence, excluding emergency situations described above, the student will arrange for all missed work.

A student-athlete may sit and watch a practice or contest (not participate) if he/she has been in school for at least ½ of the school day with the other half being an excused absence. If a student-athlete does not come to school for any part of the instructional day or is absent for an unexcused reason, he/she should not be on school grounds nor encouraged to be on school grounds for any athletic events (practices or games). This policy not only supports keeping teaching and learning as a priority over sports, but also keeps the school within sound health practices for preventing the spread of illness.

Controlled Substances

The possession, use, ingestion, or conveyance of tobacco, alcohol, or actual or imitation restricted, controlled, or illegal substance or drug is strictly prohibited. Students are not to be at any function where alcohol, drugs or tobacco are being used in an unlawful manner. Violations of the Controlled Substance prohibition shall result in the following:

Adherence to current board policy and athletic policy

As per district Policy JFCG/JFCH/JFCI “Student substance abuse, possession, use, distribution or sale of tobacco, alcohol or unlawful drugs, including drug paraphernalia or any substance purported to be an unlawful drug, on or near district grounds or while participating in school-sponsored activities is prohibited and will result in disciplinary action. If possession, use, distribution or sale of tobacco, alcohol or unlawful drugs occurs on district grounds, at school-sponsored activities or otherwise while the student was under the jurisdiction of the school, disciplinary action may include removal from any or all extracurricular activities and/or denial or forfeiture of any school honors or privileges (e.g., valedictorian, salutatorian, student body, class or club office positions, senior trip, prom etc.). Students will be also be subject to discipline up to and including suspension/expulsion. A student may be referred to law enforcement officials.”

Athletic Awards Letter

An athlete will be eligible for consideration for a letter award when he/she participates in a sport and completes the season. He/she must be in attendance at all practice sessions, unless excused by the coach. He/she must have a good conduct record in school. Injuries and other circumstances beyond the control of the student will be taken into consideration. Failure to meet eligibility requirements will be considered failure to complete the season. Participation in athletics is an earned privilege that carries definite responsibilities. A student will receive one letter after which he/she shall receive a certificate and award symbol for this letter. If a student does not meet the requirement for a varsity letter he/she is eligible for a JV letter and a certificate of participation.

Perpetual Trophies and Athletic Awards:

Garrie Franklin Scholar/Athlete Trophy

Garrie Franklin was a graduate of Triangle Lake High School in 1971. He was an Honor Roll student and an excellent athlete. He was a member of the National Championship Junior College Cross-Country team in 1972. He is a member of the LCC Track Hall of Fame. Winners of this award can be a boy/girl and must have a 3.00 minimum grade average and have won a varsity letter. They will receive a plaque and have their names engraved on the permanent school trophy. Garrie died in a traffic accident in 1974.

Al Forcht Memorial “Outstanding Basketball Player” Trophy

This trophy is in memory of Al Forcht. Al was a district bus driver. He drove the athletic teams to their events. He enjoyed watching his son Michael Forcht play sports. Al died at an away game in Junction City in 1981. Criteria for this award would be that the recipient be a letter award winner in basketball and have achieved at a high level as indicated by all league and/or all state levels nominations and be a dedicated basketball athlete during the off season. They can be either a boy or girl that finishes high in all-league voting. Usually awarded to a junior or senior. Award includes a personal plaque and their names engraved on the permanent trophy.

Coast Valley Journal “Outstanding Boy Athlete” Trophy/ Coast Valley Journal “Outstanding Girl Athlete” Trophy

Started by Hal Kantor, editor of a local newspaper, printed in the valley in 1974. This trophy is awarded to a Triangle Lake Girl and Boy Athlete who has competed successfully in 3 sports. He/she should have achieved at a high level in at least one of the three sports, as indicated by all-league and/or all-state nominations. Can be any grade in high school. Award includes a personal plaque and their names engraved on a permanent plaque.

Inspirational Athlete/Trophy

This award goes to a boy and girl athlete who sets good moral and leadership qualities. They can lead by example or by quiet word. They are the nucleus of a team that keeps all the team together. The award includes a plaque given to them and their name engraved on the school's permanent plaque.

Jim Bellingham Basketball “Sportsmanship Award” Plaque

Presented by Corvallis Basketball Officials Association on behalf of Jim Bellingham. Jim taught and coached from 1975 through his retirement in 1992. This award goes to a boy or girl who competes very

hard and shows excellent sportsmanship at practices and games. This person emulates fair play to all around him/her. The award includes a plaque given to them and their name engraved on the permanent plaque.

Tom Page Basketball Statistical Leader Award

This award goes to student/athlete who leads their team in the most statistical categories. Tom Page was a sports reporter for the Tri-County News for many years, continuing to report on Triangle Lake sports well after he had retired from the paper. This award honors Tom's ability to remember both football and basketball teams and students statistics for athletes who competed from the mid 80's through present. The award includes a plaque given to them and their name engraved on the permanent plaque.

Jim Bellingham "Exceptional Level of Commitment Basketball" plaque.

Presented by the Mid-Valley Basketball Officials Association on behalf of Jim Bellingham. This award goes to a boy and girl basketball player who has shown a level of commitment, which goes above and beyond what is required. For example: summer camps, leagues, off-season training, during the season, team player, leadership on the team. The award includes a plaque given to them and their name engraved on the permanent plaque.

Irine Strinz Exceptional Volleyball Player Award

Irine Strinz was a long time coach and teacher at Triangle Lake. She coached volleyball successfully for many years. To qualify for this award a student must play the game at a high level, be recognized by the league and/or state as an all-star, be committed and be a strong leader for her team. The award includes a plaque given to them and their name engraved on the permanent plaque.

Bill Good Outstanding Football Player Award

Bill Good was a longtime coach and teacher at Triangle Lake schools. Bill loved football in particular. This award goes to an outstanding football player who competes at a high level, be recognized by the league and/or state as an all-star, be committed to the program and exemplify strong leadership qualities. The award includes a plaque given to them and their name engraved on the permanent plaque.

TRIANGLE LAKE SCHOOL STUDENT/ATHLETE BEHAVIOR CONTRACT

Recognizing that participation in extracurricular activities is a privilege (not something that I am entitled to), and recognizing that as an athlete my speech and behavior continuously represents Triangle Lake Schools (24-7), I hereby agree to the following:

- I will follow all school rules as represented in the Triangle Lake Student handbook including those specific to athletes (*Athletic/Activity Eligibility Code*). I have read and understand the athletic handbook. I understand that all possible behaviors cannot be covered by this document and the student handbook. I therefore agree to govern myself in a responsible, respectful, and safe manner at times.
- I will abide by established curfews and training rules established by school policy and coaches.
- When traveling, I will abide by hotel rules. I will remain in common areas if with people of the opposite gender. (I will not fraternize--be present in a hotel room, or other unsupervised area with people of the opposite gender without adult supervision—and remain under the guidelines of the student handbook regarding my behavior with those of the opposite gender.) As per the handbook, only handholding is appropriate. I will use cell and hotel phones (including texting) responsibly and only in ways that would facilitate appropriate behavior. This includes being responsible for loaning a personal phone to others. I realize that my phone may be confiscated at times and returned when appropriate. I realize that I am responsible for any additional hotel charges, including, but not limited to damages to hotel rooms, phone charges, etc. I realize that failure to

follow school expectations will result in consequences and may result in my parents being called to take me home.

- I will show **respect** for my coaches, fellow players and myself, using speech, actions and attitudes that bear this out.

I have read and understand these rules.

SIGNATURE STUDENT DATE

SIGNATURE PARENT DATE

STUDENT INSURANCE

Insurance is required for a student to participate in athletics. If a student has no health insurance, student insurance may be purchased through United Health Care. Registration is provided online only. The 2012-13 schedule of premiums may be found by visiting www.k12StudentInsurance.com or is available at the district office.

TOBACCO/DRUG/ALCOHOL USE

District Policy JFCG/JFCH/JFCI states: "Student substance abuse, possession, use, distribution or sale of tobacco, alcohol or unlawful drugs, including drug paraphernalia or any substance purported to be an unlawful drug, on or near district grounds or while participating in school-sponsored activities is prohibited and will result in disciplinary action. If possession, use, distribution or sale of tobacco, alcohol or unlawful drugs occurs on district grounds, at school-sponsored activities or otherwise while the student was under the jurisdiction of the school, disciplinary action may include removal from any or all extracurricular activities and/or denial or forfeiture of any school honors or privileges (e.g., valedictorian, salutatorian, student body, class or club office positions, senior trip, prom etc.). Students will be also be subject to discipline up to and including suspension/expulsion. A student may be referred to law enforcement officials."