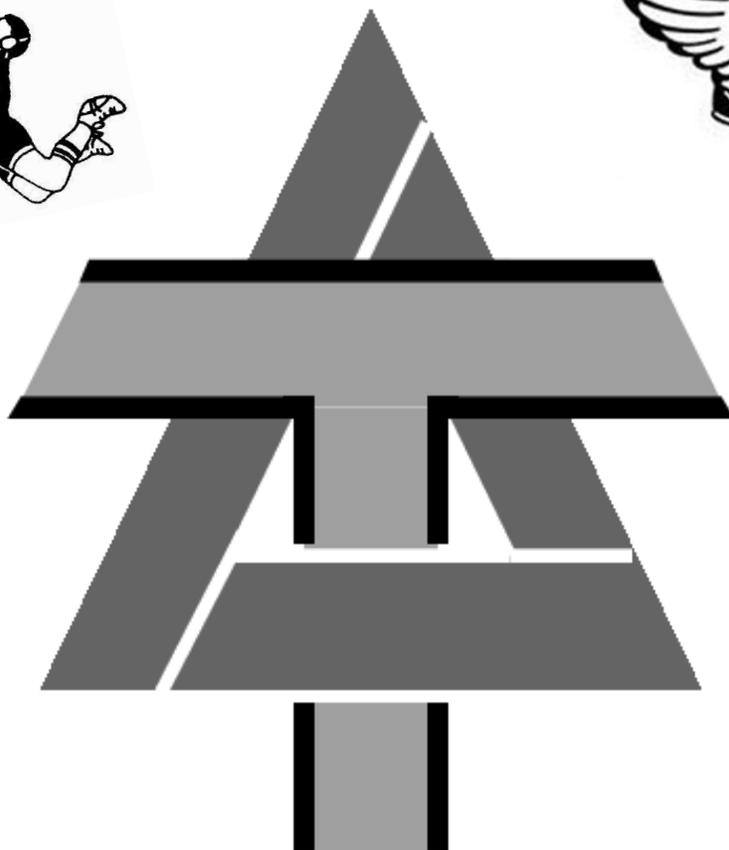


# ***Triangle Lake Charter School***

## **Athletic Handbook 6-12**



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**2016-2017**

## Sports and Staff

<b>Athletic Director</b>	<b>Tony Wynn</b>	<a href="mailto:twynn@blachly.k12.or.us">twynn@blachly.k12.or.us</a>
<b>Principal/Superintendent</b>	<b>James Brookins</b>	<a href="mailto:jbrookins@blachly.k12.or.us">jbrookins@blachly.k12.or.us</a>

Sports offered during the 2016-2017 school year at Triangle Lake Charter School:

### High School (grades 9 - 12) -

<b>Sport</b>	<b>Head Coach</b>
Football *	Phillip Ward
Volleyball *	Bri Simington
Cross Country	Paige Wynn
Boys Basketball *	Tony Wynn
Wrestling	John Wagner
Girls Basketball *	Robby Younger
Track	Paige Wynn

\* Junior varsity teams will be fielded and scheduled if enough players participate.

### Middle School (grades 6 - 8) -

<b>Sport</b>	<b>Coach</b>
Football	John Wagner
Volleyball	Jeremy Hargett
Boys Basketball	TBD
Girls Basketball	Jeremy Hargett
Track	Maria Dumford

Full sport schedules are made available on our website ([www.blachly.k12.or.us](http://www.blachly.k12.or.us)) and updated frequently. High school varsity schedules and state playoff information are available at [www.osaa.org](http://www.osaa.org).

## Preamble

Athletics is an important part of the educational process. Athletics are offered to students to keep them involved in educational programs and to help them become successful. In order to demonstrate the ideals of good leadership and sportsmanship, and respect for rules and authority; in order to establish team and school pride, teamwork, and team discipline; in order to eliminate disruptive influences in the locker room, on training fields, on the playing field, and on trips both on and off school grounds; and in order to provide conditions which promote health and safety for the individual unit and opponents, the following principles are adopted:

For purposes of this handbook, students involved in athletics shall be referred to as “student” or “participant”.

Participants are required to comply with this Participation Policy: (1) during the entire school year (beginning on the first day of practice of a Fall Sport or the first day of school, whichever is earliest, through the last day of school), (2) both on- and off-campus, and (3) at all times. Any participant who transfers from one school district to another school district will maintain his or her cumulative offense status regarding tobacco, alcohol, or controlled substances violations.

In addition to District policies, rules, and regulations, all participants must comply with OSAA rules and regulations.

## Academic Eligibility

### OSAA Academic Requirements:

Participants must be enrolled in, regularly attending, and passing at least five (5) classes each marking period, and must have been enrolled in and passing at least five (5) classes in the previous marking period. Further, the participant must be making satisfactory progress towards graduation as defined by the OSAA. Current OSAA requirements can be found at [OSAA.org](http://OSAA.org). Home schooled students shall refer to OSAA’s handbook for minimum academic requirements. Home schooled students will be required to complete a monthly eligibility report, submitted to the Athletic Director, and are subject to all academic and behavioral requirements as outlined in this document.

Students on an Individual Educational Program (IEP) may be deemed eligible by the IEP Team if the student is making adequate educational progress towards meeting the IEP goals, objectives, and deemed to be making satisfactory progress toward their individualized diploma requirements.

In addition to the above requirements students must meet the local school requirements for eligibility.

### Triangle Lake Charter School Academic Requirements

#### Marking period and weekly eligibility

- A. When marking period (trimester) grades are posted, students who did not pass a class (earned an “F”) will not be allowed to participate in athletic contests until they meet the following criteria: complete 90 minutes of “Study Table” per week, and execute a weekly progress report. The student must maintain a “C” average on the weekly report to participate in athletics until the next marking period or until the sport is complete, whichever comes first.
- B. If a student earns two or more “D’s” on a report card, he/she is placed on academic probation (see below) for one month and is required to attend weekly study tables in order to participate in contests.

#### Monthly eligibility checks for those on probation

- A. Athletic eligibility will be checked on the first working week of each month. To be eligible, participants must be passing all classes and maintaining at least a 2.0 GPA.

- B. If a student does not meet the criteria, then he/she will be put on probation until the next grading period progress report (about one month).
- C. If a student is on probation, he/she must:
- Attend study hall before school, during lunch break, or after school for at least 90 minutes per week. The document tracking study time must be turned into the Athletic Director no later than Thursday.
  - Show improvement in their class work, which will be monitored by the Athletic Director. Students are expected to have no tardies, no missing assignments, no behavioral problems, etc.
  - Remain on probation until grades are raised to a 2.0 and passing all classes at monthly eligibility check.
  - **At any time the student fails to complete the requirements set forth by the contract/Athletic Director, he/she will be deemed ineligible for the next week, and will not be allowed to compete.**
- D. Students making adequate progress on probation will be allowed to participate in practice and competitions.
- E. Students may repeat a probation if they do not meet academic requirements. This means students may be required to be on academic probation for consecutive months if they do not meet the requirement to be fully eligible.

## Conduct

Involvement in athletics is a privilege. As a member of a school team, participants are expected to conduct themselves responsibly and with sportsmanship on campus, in the community, and at other schools.

Misconduct shall result in discipline where: (a) the violation has been observed by a member of the coaching staff; (b) the offender has been cited by a law enforcement official; or (c) the violation is determined to be founded after investigation by a District official. This discipline will be in addition to any disciplinary action in the regular educational setting. Disciplinary action in the regular educational setting shall be grounds for misconduct disciplinary action under this Participation Policy.

Potentially criminal conduct, including theft, vandalism, fighting, menacing, or other activities that endanger the health, welfare, or property of others, will not be tolerated. The severity of any criminal conduct can result in a greater penalty at the discretion of the District.

First Offense: A participant's first offense shall result in immediate suspension from participation; the participant may be reinstated following a conference with the Head Coach, Building Principal, Athletic Director, and Parents, and imposition of a suspension and other appropriate conditions (counseling, community service, restitution, etc.).

Second Offense: A participant's second offense shall result in suspension from participation for twenty school days or the balance of the season, whichever is longer.

Third Offense: A participant's third offense shall result in suspension from participation for ninety (90) school days or the balance of the school year, whichever is longer.

Other misconduct including unsportsmanlike behavior, disruptive behavior, or other conduct unbecoming of a school ambassador shall be subject to discipline (including suspension or removal) at the discretion of the Head Coach, Building Principal, and Athletic Director.

Participants are expected to be positive role models, and to demonstrate sportsmanship in the following ways:

- (a) treat opponents and spectators with respect, (b) not use profanity, (c) exercise self-control and accept and abide by coaches' and officials' decisions, (d) accept victory and defeat with pride, dignity, and compassion, (e) accept seriously the responsibility and privilege of representing the school and community, and (f) congratulate opponents in a sincere manner following the contest.

## **Standards of Conduct for Athletics Participation**

Any violation of published school rules which results in school suspension of the student may result in one week of program ineligibility after the student returns from the school suspension. No student shall practice or participate in competitions while he/she is suspended from school but may practice upon return to school. A second offense, which results in school suspension of the student, may result in program ineligibility for two weeks, and begins from the time of return from the school suspension. No student shall practice or participate while he/she is suspended from school but may practice upon return to school.

The head coach or advisor/teacher in each program may set additional standards to be followed by members participating in his/her program, such as curfew, dress standards, etc. These standards will be published. If a head coach or advisor/teacher establishes extensive additional expectations they must be written and prior administrative approval is required.

In any one school year, a student planning on participating in any one of the various programs available under the Triangle Lake Athletic Program is expected to adhere to the standards of conduct at all times prior to and during his/her program.

## **Training Rules**

The coach must be contacted and authorize any absence from a regularly scheduled practice. The first unauthorized absence may result in ineligibility for the next scheduled contest. The second unauthorized absence may result in significant loss of playing time for the next contest and possibly multiple contests. An additional incident may result in suspension from the team for the remainder of the season.

At a minimum athletes must attend 70% of practices **during** the season to be eligible to participate in contests. Absence for any reason is figured into this percentage, and ineligibility can be invoked any time attendance falls below 70%.

## **Participation**

No participant will be allowed to participate in a sport until all previously issued equipment in a prior sport has been returned or restitution made.

A participant may voluntarily drop out of a sport in season during the first two weeks of the season without eliminating him or herself from another sport. A participant who drops out of a sport in season after the first two weeks of official practice will not be allowed to participate in any other sport during the regular season without the agreement of both Head Coaches and Athletic Director.

**Any player who is ineligible will not travel to or attend away contests. Ineligible students may attend home contests but may not dress down or participate. This applies to any student found to ineligible for academic or behavioral reasons.**

## **Financial Clearance**

To be eligible to participate in extracurricular sports all students must pay the established Pay for Participate sports fee before participating in their first contest.

- High School - \$75 per sport per year
- Middle School - \$60 per sport per year
- Family (immediate only) Cap - \$350 per school year

## Attendance

To be eligible to practice or to compete a student must attend the ENTIRE school day the date of the athletic practice or contest. Exceptions:

- Absence due to an approved school function.
- Prearranged absences with paperwork completed and on file prior to the absence.
- Emergency absence due to illness/death in the family.
- Any other absence not mentioned above will not be considered unless prior approval has been obtained from the administration (Prearranged Absence Form).

In all cases of absence, excluding emergency situations described above, the student will arrange to make up all missed work.

A student-athlete may sit and watch a practice or contest (not participate) if he/she has been in school for at least ½ of the school day with the other half being an excused absence. If a student-athlete does not come to school for any part of the instructional day or is absent for an unexcused reason, he/she should not be on school grounds nor encouraged to be on school grounds for any athletic events (practices or games). This policy not only supports keeping teaching and learning as a priority over sports, but also keeps the school aligned with sound health practices for preventing the spread of illness.

## Controlled Substances

The possession, use, ingestion, or conveyance of tobacco, alcohol, or actual or imitation restricted, controlled, or illegal substances or drugs is strictly prohibited. Students are not to be at any function where alcohol, drugs or tobacco are being used in an unlawful manner. Violations of the Controlled Substance prohibition shall result in the following:

First Offense: Suspension from participation in competitions for one week, and evaluation for and successful completion of a diversion/intervention program prescribed by the District. Successful completion includes continued compliance with any recommendations of the program administrator. Non-completion or non-compliance with the diversion/intervention program requirements constitutes a second offense.

Second Offense: Suspension from participation in competition for 8 school days and evaluation for and successful completion of a diversion/intervention program prescribed by the District. Additionally, participant shall forfeit any individual or team awards earned during the sports season that the violation occurred.

Successful completion of diversion/intervention includes continued compliance with any recommendations of the program administrator. Non-completion or non-compliance with the diversion/intervention program requirements constitutes a third offense.

Third Offense: Suspension from participation in competition for the remainder of the season and evaluation for and successful completion of a diversion/intervention program prescribed by the District. Additionally, participant shall forfeit any individual or team awards earned during the sports season that the violation occurred.

Successful completion includes continued compliance with any recommendations of the program administrator. Non-completion or non-compliance with the diversion/intervention program requirements after a third offense will result in suspension of participation until the student completes or comes into compliance with the program requirements.

**Suspensions shall carry over from season to season, and from year to year (including over the summer). Violations are cumulative over the student's high school career.**

If a participant voluntarily requests assistance from school officials with regard to a tobacco, alcohol or controlled substance addiction, prior to being investigated or apprehended for an offense, there shall be no athletic participation disciplinary consequence (other than any required by law), provided that: (a) the participant obtains evaluation for and successfully completes a diversion/intervention program prescribed by the District (including continued compliance with any recommendations of the program administrator), and (b) the participant does not commit any further tobacco, alcohol or controlled substance offenses.

## **Appeals**

Disciplinary action taken under this Participation Policy may be appealed by the sanctioned participant or his or her parent by written notice to the Building Principal, copied to the Head Coach and the Athletic Director, within seven (7) calendar days of the first notice of discipline. The Appeals Committee, as defined by the Building Principal, will convene and consider the appeal within two school days after the written appeal is submitted.

The Appeals Committee shall be appointed by the Building Principal, and shall be comprised of an administrator and/or Athletic Director, a coach, and one licensed staff member. The Appeals Committee shall not be obligated to conduct a full evidentiary hearing, but shall render a recommendation to the Superintendent after hearing from all sides in a disputed disciplinary action. In formulating its recommendation, the Appeals Committee shall be bound to the requirements of this Participation Policy, but may include a recommendation to modify application of the Participation Policy when, in its opinion, there are mitigating circumstances beyond the control of the student or parent, or there are other circumstances whereby enforcement of the rule would work an undue hardship upon the student.

Appeal from the Appeals Committee recommendation and Superintendent's actions may be made to the School Board upon written notice to the Superintendent within seven (7) calendar days of the Superintendent's action. Where practicable, the School Board shall consider the appeal at its next regular scheduled meeting.

## **Athletic Awards Letter**

An athlete will be eligible for consideration for a letter award when he/she participates in a sport and completes the season. He/she must be in attendance at all practice sessions, unless excused by the coach. He/she must have a good conduct record in school. Injuries and other circumstances beyond the control of the student will be taken into consideration. Failure to meet eligibility requirements will be considered failure to complete the season. Participation in athletics is an earned privilege that carries definite responsibilities. A student will receive one letter after which he/she shall receive a certificate and award symbol for this letter. If a student does not meet the requirement for a varsity letter he/she is eligible for a JV letter and a certificate of participation.

## **Perpetual Trophies and Athletic Awards:**

### **Garrie Franklin Scholar/Athlete Trophy**

Garrie Franklin was a graduate of Triangle Lake High School in 1971. He was an Honor Roll student and an excellent athlete. He was a member of the National Championship Junior College Cross-Country team in 1972. He is a member of the LCC Track Hall of Fame. Winners of this award can be a boy or girl and must have a 3.00 minimum grade average and have won a varsity letter. They will receive a plaque and have their names engraved on the permanent school trophy. Garrie died in a traffic accident in 1974.

### **Al Forcht Memorial "Outstanding Basketball Player" Trophy**

This trophy is in memory of Al Forcht. Al was a district bus driver. He drove the athletic teams to their events. He enjoyed watching his son Michael Forcht play sports. Al died at an away game in Junction City

in 1981. Criteria for this award would be that the recipient be a letter award winner in basketball and have achieved at a high level as indicated by all league and/or all state levels nominations and be a dedicated basketball athlete during the off season. They can be either a boy or girl and must be a junior or senior that finishes high in all-league voting. Award includes a personal plaque and their name(s) engraved on the permanent trophy.

#### **Coast Valley Journal “Outstanding Boy Athlete” Trophy and Coast Valley Journal “Outstanding Girl Athlete” Trophy**

Started by Hal Kantor, editor of a local newspaper, printed in the valley in 1974. This trophy is awarded to a Triangle Lake girl and boy athlete who have competed successfully in three sports. He and she should have achieved at a high level in at least one of the three sports, as indicated by all-league and/or all-state nominations. The student may be any grade in high school. Award includes a personal plaque and their name(s) engraved on a permanent plaque.

#### **Inspirational Athlete/Trophy**

This award goes to a boy and girl athlete who sets good moral and leadership standards. They can lead by example or by quiet word. They are the nucleus of a team that keeps the whole team together. The award includes a plaque given to them and their name engraved on the school's permanent plaque.

#### **Jim Bellingham Basketball “Sportsmanship Award” Plaque**

Presented by Corvallis Basketball Officials Association on behalf of Jim Bellingham. Jim taught and coached from 1975 through his retirement in 1992. This award goes to a boy or girl who competes very hard and shows excellent sportsmanship at practices and games. This person emulates fair play to all around him/her. The award includes a plaque given to them and their name engraved on the permanent plaque.

#### **Tom Page Basketball Statistical Leader Award**

This award goes to student/athlete who leads their team in the most statistical categories. Tom Page was a sports reporter for the Tri-County News for many years, continuing to report on Triangle Lake sports well after he had retired from the paper. This award honors Tom's ability to remember both football and basketball teams and students' statistics for athletes who competed from the mid 80's through present. The award includes a plaque given to them and their name engraved on the permanent plaque.

#### **Jim Bellingham “Exceptional Level of Commitment Basketball” plaque.**

This award is presented by the Mid-Valley Basketball Officials Association on behalf of Jim Bellingham. This award goes to a boy and girl basketball player who has shown a level of commitment which goes above and beyond what is required. For example: summer camps, leagues, off-season training, during the season, team player, leadership on the team. The award includes a plaque given to them and their name engraved on the permanent plaque.

#### **Irine Strinz Exceptional Volleyball Player Award**

Irine Strinz was a long time coach and teacher at Triangle Lake. She coached volleyball successfully for many years. To qualify for this award a student must play the game at a high level, be recognized by the league and/or state as an all-star, be committed, and be a strong leader for her team. The award includes a plaque given to them and their name engraved on the permanent plaque.

#### **Bill Good Outstanding Football Player Award**

Bill Good was a longtime coach and teacher at Triangle Lake schools. Bill loved football in particular. This award goes to an outstanding football player who competes at a high level, has been recognized by the league and/or state as an all-star, is committed to the program and exemplifies strong leadership qualities. The award includes a plaque given to them and their name engraved on the permanent plaque.

## TRIANGLE LAKE SCHOOL STUDENT-ATHLETE BEHAVIOR CONTRACT

Recognizing that participation in extracurricular Athletics is a privilege (not something that I am entitled to), and recognizing that as an athlete my speech and behavior continuously represents Triangle Lake Schools (24-7), I hereby agree to the following:

- I will follow all school rules as represented in the Triangle Lake Student handbook including those specific to athletes (*Athletic/Athletics Eligibility Code*). I have read and understand the athletic handbook. I understand that all possible behaviors cannot be covered by this document and the student handbook. I therefore agree to govern myself in a responsible, respectful, and safe manner at times.
- I will abide by established curfews and training rules established by school policy and coaches.
- When traveling, I will abide by hotel rules. I will remain in common areas if with people of the opposite gender. I will not fraternize—be present in a hotel room, or other unsupervised area with people of the opposite gender without adult supervision—and remain under the guidelines of the student handbook regarding my behavior with those of the opposite gender. As per the handbook, only handholding is appropriate. I will use cell and hotel phones (including texting) responsibly and only in ways that would reflect appropriate behavior. This includes being responsible for loaning a personal phone to others. I realize that my phone may be confiscated at times and returned when appropriate. I realize that I am responsible for any additional hotel charges, including, but not limited to damages to hotel rooms, phone charges, video rental, etc. I realize that failure to follow school expectations will result in consequences and may result in my parents being called to take me home.
- I will show **respect** for my coaches, fellow players and myself, using speech, actions and attitudes that bear this out.

I have read and understand these rules.

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STUDENT SIGNATURE

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DATE

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PARENT SIGNATURE

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DATE